

mindflick®



- **▶** Define the situation.
- ▶ What is the goal?
- ▶ What do you want?
- What do I want to achieve?
 What are we aiming for?
- What's our long term aim?
- What does success look
- ▶ like?

What's the real challenge here?



- What problem are we trying to solve?
- ▶ What do I need to do?
- ▶ What is the subject?
- What do we need to focus on?

What is most useful or most

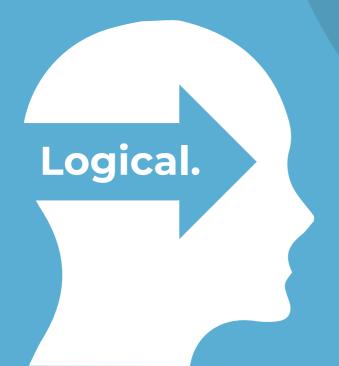
valuable here?

What are the next steps?

- What action will I take?
- What is happening right now?
- What leadership do you need to provide?
- What is at the heart of this?



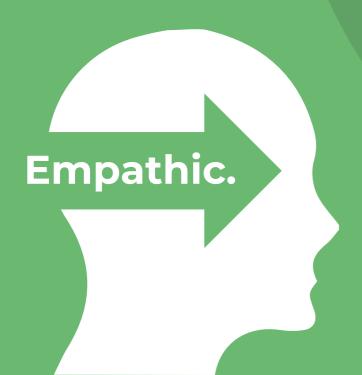
- ▶ What is the plan?
- ▶ What is our strategy?
- What should we do to get there?
- What is our process?
- What decisions do we need to make?
- What series of steps do we need to take?
- What systems do we need in place?



- What inefficiencies can we remove?
- What process could we improve?
- What would be the best use of my time?
- What do we need to get right first time?
- Where do we need to keep our discipline?
- What standards can't we drop?
- What gaps are there in logic? What details don't we know?



- ► How do I feel about this?
- ▶ What am I feeling?
- ▶ What are we feeling?
- What does my gut tell me?
 - What was my initial
- impression?
 - What were my initial
- thoughts?
 - What's important to me?



- ▶ How are others feeling?
- What support might we need?
 How should we operate?
- What is most important to
- me?
 - What is most important to the
- team or organisation?
 - How does this fit with my /
- **our values?**
 - What support might we need
- ▶ to provide to others?
 - What kind of support would
- be most useful?
 - How fair does this feel?



- Who should I connect with?
- ▶ Who might we involve?
- How might we think differently?
- ► How else could we see this?
- ▶ Who might give us a different perspective?

eXpressive.

- ▶ What ideas do you have to achieve this?
- ▶ What else might we try?
- What is this like?
- If there were no limits, what might we try?
- What does this remind us of?
- What strengths could we call upon?
- Who do we need to get / keep onboard?
- What are other ways to solve this?

It's all about moving.





Contact details: Bruce Isdale, mindflick practitioner bruce@realhealthcaresolutions.co.uk